

## Secondary Art

During this time at home we suggest firstly that the pupils work through the packs sent home with any additional help from parents / carers where needed.

Having a creative morning and or afternoon every week is very important or even just the odd hour here and there. We suggest being as creative as possible.

- Creativity can be in everything that we do, such as food;

Baking / Cooking - making faces in food, making art work out of food, sensory food play, printing with food or drawing food which is known as still life art, rainbows on a plate.

- Collage; chopping up old magazines / newspapers and craft materials - this could then be drawn on, embroidered, embellished etc. Lots of ideas can be found on <https://www.pinterest.co.uk/>. This is free to sign up to and has hundreds of ideas and inspiring imagery.
- Modeling with homemade play dough, made simply from cornstarch and conditioner. This could also be made with scented conditioners. Many more recipes can be found online for fun ways to make play dough / modelling clay.
- Mindfulness exercises such as yoga or mindful colouring. I have attached a mindfulness PowerPoint containing links and useful links and information on the benefits of breathing and being mindful, very useful for both pupils and adults during this challenging time.
- Watching creative programmes / videos such as Art attack, Blue Peter, Mr maker, YouTube videos etc.
- Sensory art, such as playing with shaving foam, painting with household items to make marks, playing with coloured spaghetti, playing with household items such as angel delight, printing with paint and natural items such as leaves, plants, textured items and so much more. Painting with various objects such as marble painting.



- Portraits of family members or family pets, famous people or things and items of interest.
- Create a 'Keep safe' poster for everyone at home.
- A lot of people are creating a rainbow for windows at home, everyone who walks by can count the rainbows in people's windows.

- Well-known illustrator Mo Willems has announced that he'll be doing Lunch Doodles for kids on YouTube. The sessions will take place every weekday at 1 p.m. EST

[https://www.boredpanda.com/free-online-lunch-doodles-sessions-for-kids-mo-willems/?utm\\_source=facebook&utm\\_medium=social&utm\\_campaign=BPFacebook&fbclid=IwAR0UFRRikuNmChpdwaB5tfQOgPdthtJVGvJ6MuuAfm-H-2QizLEqUYeZRWE](https://www.boredpanda.com/free-online-lunch-doodles-sessions-for-kids-mo-willems/?utm_source=facebook&utm_medium=social&utm_campaign=BPFacebook&fbclid=IwAR0UFRRikuNmChpdwaB5tfQOgPdthtJVGvJ6MuuAfm-H-2QizLEqUYeZRWE)

[https://www.youtube.com/results?search\\_query=Mo+Willems](https://www.youtube.com/results?search_query=Mo+Willems)

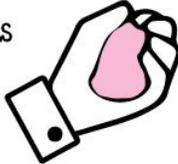
## CALMING ACTIVITIES FOR KIDS

Do you have a worried or anxious kiddo? Try one of these fun calming activities. They are great for working through the worries and calming anxiety during stressful times.



**MAKE A CALMING GLITTER JAR**  
Mesmerizing and calming, glitter jars are great for easing worries and reducing stress.  
Supplies: water, clear or glitter glue, glitter, food coloring, jar or bottle.  
[Click here to see how one is made.](#)

**DIY STRESS BALLS**  
Use balloons to make your own stress balls. Our favorite is a balloon filled with cornstarch. Draw a smiley face on it too!  
Supplies: balloons and different fillers such as cornstarch.  
[See how to make stress balls here.](#)





**MAKE HOMEMADE SLIME**  
Squeeze, stretch, and squish the worries away with homemade slime. Slime is an amazing tactile sensory play material that helps reduce anxiety and stress when you play with it. You can even add scents such as lavender.  
Supplies: PVA glue, water, saline solution, baking soda, food coloring  
[Click here for slime recipes and ideas.](#)

**SET UP A SENSORY BIN**  
Sensory bins are a great way to explore the senses, and you can fill one with so many different options including non-food items. Even warm water as a filler is great! Add scoops and fun items for soothing playtime. [Click here to learn more about sensory bins and build your own!](#)



**BUILD A CALM DOWN KIT**  
Turn simple around the house items or easy to find items into a fidget kit, worry kit, or calm down kit. Keep one handy in the house, car, or wherever you need one most! What's in our kit? [Click here to see our kit.](#)



**LITTLE BINS  
FOR LITTLE HANDS**

www.littlebinsforlittlehands.com

- Family tree – find out about your family and create your own family tree using lots of different art materials, cutting and sticking, photographs or printing out images.
- An Art activity/ topic of the week could be useful such as;

Week 1: Create a picture using natural things you found in your garden or on a local walk.

Week 2: Create a model of a famous well known building.

Week 3: who is your favourite artist? Singer? Tv programme etc. Base your art work around a person or theme.

Keep an eye open and check the school page regularly for updates on activities and links ☺

## **GCSE Art**

Pupils undergoing GCSE Art usually have a double lesson of Art per week (roughly 2 hours) and this is the advised time to continue doing at home, this could be split up or a block of creativity.

Students can research and study artists they are interested in and artists that link to '***Beside the sea***' topic. This could be anything from land art to art movements or local artists. Working on building those artistic skills and building up a bank or research they can use when they come back in to school.

If parents / carers would like more information on GCSE Art and Design below is a link for the AQA Art and Design website that we follow, I have also attached the downloadable PDF booklet.  
<https://www.bbc.co.uk/bitesize/subjects/z6hs34j>

<https://www.bbc.co.uk/bitesize/subjects/z6hs34j> - GCSE Art and Design bitesize with lots of useful activities, links, tips, skill building guidance and information.

Below is an image from Stockton Riverside College listing museums from around the world that you can explore virtually, some pupils of any age might enjoy this.



If you're stuck at home at the moment, here are 12 museums from around the world which you can explore virtually.

- ★ British Museum, London
  - ★ Guggenheim Museum, New York
  - ★ National Gallery of Art, Washington, D.C.
  - ★ Musée d'Orsay, Paris
  - ★ National Museum of Modern and Contemporary Art, Seoul
  - ★ Pergamon Museum, Berlin
  - ★ Rijksmuseum, Amsterdam
  - ★ Van Gogh Museum, Amsterdam
  - ★ The J. Paul Getty Museum, Los Angeles
  - ★ Uffizi Gallery, Florence
  - ★ MASP, São Paulo
  - ★ National Museum of Anthropology, Mexico City
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