Week Commencing 13th July 2020

How The Body Works

Hello I hope you have enjoyed the work I have put on the school website.

This is the last week of work before you break for the summer.

This week choose a person you admire.

It could be a family member

A friend

A sports person

A celebrity on T.V

Any other

Try to find out

Do you think they are healthy

1. How tall they are?
2. How much do they weigh?
3. How often do they exercise?
4. What do they do for fitness?
5. What do they like to eat?
6. Compare them to yourself, what differences are there.

If you need to get in touch, contact me at:

[llord@beverleyschool.org.uk](mailto:llord@beverleyschool.org.uk)

Have a lovely summer break and I look forward to seeing you in September.