







	Dance	Athletics	Gymnastics		Dance	Athletics	Gymnastics
STEP principles and how it can support pupils with ASD				STEP principles and how it can support pupils with ASD			
Developing spaces to support learning	The use of smaller spaces through parallel activities within a wider group can ensure repetition of skills	Individual athletic events allow access to specific activities that can be performed in defined areas	Can be delivered in a clearly defined space and small area so ensuring high personal sense of security	Developing spaces to support learning	The use of smaller spaces through parallel activities within a wider group can ensure repetition of skills	Individual athletic events allow access to specific activities that can be performed in defined areas	Can be delivered in a clearly defined space and small area so ensuring high personal sense of security
Breaking down tasks and activities to ensure small steps	Taught routines using an external focus – scarves , balloons, feathers supports access to the activity	Tasks can be broken down into fundamental activities of agility, balance and co-ordination ensuring easy sequencing. Some activities are static in nature	Individual routines lend themselves to easy sequencing fundamental movement skills of agility, balance, and co-ordination form basis of the activity	Breaking down tasks and activities to ensure small steps	Taught routines using an external focus – scarves , balloons, feathers supports access to the activity	Tasks can be broken down into fundamental activities of agility, balance and co-ordination ensuring easy sequencing. Some activities are static in nature	Individual routines lend themselves to easy sequencing fundamental movement skills of agility, balance, and co-ordination form basis of the activity
Equipment that can support delivery	Music can aid delivery as it provides an external focus	Range of equipment and or basic movements allows easy sequencing	Trampolining provides an opportunity to further develop vestibular and proprioception	Equipment that can support delivery	Music can aid delivery as it provides an external focus	Range of equipment and or basic movements allows easy sequencing	Trampolining provides an opportunity to further develop vestibular and proprioception
Developing social interaction and people	Can be individual, with a partner or interaction as a group.	Relays – passing a baton may provide a modified way also impacts on social interaction and team dynamics	Taught and repeated routines can be built up over time and can be individual or with a group promoting social interaction	Developing social interaction and people	Can be individual, with a partner or interaction as a group.	Relays – passing a baton may provide a modified way also impacts on social interaction and team dynamics	Taught and repeated routines can be built up over time and can be individual or with a group promoting social interaction