




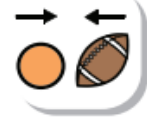


	Dance	Athletics	Gymnastics
STEP principles and how it can support pupils with ASD			
Developing spaces to support learning	The use of smaller spaces through parallel activities within a wider group can ensure repetition of skills	Individual athletic events allow access to specific activities that can be performed in defined areas	Can be delivered in a clearly defined space and small area so ensuring high personal sense of security
Breaking down tasks and activities to ensure small steps	Taught routines using an external focus – scarves, balloons, feathers supports access to the activity	Tasks can be broken down into fundamental activities of agility, balance and co-ordination ensuring easy sequencing. Some activities are static in nature	Individual routines lend themselves to easy sequencing fundamental movement skills of agility, balance, and co-ordination form basis of the activity
Equipment that can support delivery	Music can aid delivery as it provides an external focus	Range of equipment and or basic movements allows easy sequencing	Trampolining provides an opportunity to further develop vestibular and proprioception
Developing social interaction and people	Can be individual, with a partner or interaction as a group.	Relays – passing a baton may provide a modified way also impacts on social interaction and team dynamics	Taught and repeated routines can be built up over time and can be individual or with a group promoting social interaction

	Swimming	OAA	Games
STEP principles and how it can support ASD pupils			
Developing spaces to support learning	Clearly defined space that can support feeling of security along with the sensory feel from the water	Trails and simple treasure hunts to aid orientation. Walking offers a chance to become familiar with own surroundings	Zoned games and the use of smaller spaces in invasion games can ensure greater inclusion in dynamic games
Breaking down tasks and activities to ensure small steps	Repetitive routines and clearly defined actions can be easily broken down into small steps	Repeated routines in orienteering (use of map and compass) Rowing and static bikes can ensure a focus on a small number of sequences to perform activity	Individual racket sports and adapted games such as Tee ball & Boccia provide more appropriate activities
Equipment that can support delivery	Floatation devices and buoyancy aids can assist access to a learning environment	Using rowing and static bikes can be accessed in small spaces	Using equipment that can isolate a skill (e.g. batting tee) can ensure early success
Developing social interaction and People	Supported movement allows for people to develop full/partial physical assists to enable movement	The development of group and individual challenges can support a range of ASD needs	Working in games with individuals (e.g. tennis) can ensure that the person is more included than team activities