

Play dough/or make your own scented play dough (Recipe: Cornflour and add scented hair conditioner then mould it into a dough)	Form letters / numbers/shapes
Cornflour slime (cornflour with water, can be coloured with paint/food colouring)	Form letters / numbers / letters of name
Frozen toys	Select a small toy and submerge it in a dish with water then freeze it .....watch it melt
Drink bottle glitter toy	Sensory toy Add glitter and water into a drinks bottle with food colouring - optional
Pairing socks with pegs	Fine motor co-ordination
Make a shaker musical instrument	Add rice or pasta to either a drinks bottle or an empty container. Seal lid and it makes a shaker.
Printing with potatoes/carrots	Repeating patterns
Building bricks	Turn taking and sharing
Collecting Autumn objects. Make a collage picture with collected objects	Walking outdoors with a bag/bucket to collect as you walk, leaves, twigs, feathers, conkers etc Collage activity with fine motor skills
Sharing story books pointing/labelling 'What can you see?' in pictures also books online	Books online : owl babies Brown bear, Brown bear Dear Zoo Going on a bear Hunt Debbie and Friends stories
Playing sort and count/name colours/shapes etc	Count cars, bricks, etc, and sort according to criteria
Practice rolling, throwing and kicking a ball	Develop motor skills and co-ordination
Forming name	Fine motor skills and co-ordination
Lexia and easimaths	Login details

**A few practical and sensory ideas for you to share.**

**1SF team**