



# **BEVERLEY SCHOOL FOR STUDENTS WITH AUTISM**

## **FOOD POLICY**

**Updated: November 2021**  
**Approved by Governors: November 2021**  
**To be reviewed: November 2023**



# BEVERLEY SCHOOL'S FOOD POLICY

## INTRODUCTION

This document is freely available to the entire school community. The Policy is also publicised in the school newsletter, on the web-site and in the prospectus.

## AIM

Our aim is to ensure that all aspects of food and nutrition in school promote the health and wellbeing of pupils, staff and visitors to our school.

## OBJECTIVES

What do we want to achieve?

- A) Ensure that healthy and appetizing meals are available to pupils, staff, and visitors.
- B) Work with parents / carers and the school caterer to meet the dietary needs of individual pupils, respecting cultural differences and issues relating to their autism.
- C) Review formal curriculum to ensure information relating to food and nutrition in different lesson areas is consistent and up-to-date.
- D) Ensure that a variety of drinks and healthy snacks are available, including water and fruit juice.
- E) Ensure that staff with responsibility for food has Basic Food Hygiene training.

## GUIDELINES

How are we going to meet our objectives?

- A) State clear expectations and provide feedback to caterer.
- B) Facilitate meetings between parents / carers and the school caterer; provide advice to caterer; provide written and pictorial information about food; liaise with parents/carers about food on residential.
- C) Provide a variety of drinks and healthy food at snack times, including fruit through National Scheme. Give access to water during breaks, lessons, and study support activities.
- D) Send relevant staff on 1-day Basic Food Hygiene course.

## MONITORING AND EVALUATION

How do we know our objectives are being met?

- Include specific question in annual staff/parental/pupil surveys. Include on Student Council agenda.
- Curriculum monitoring
- Direct observation by Leadership Team.
- CPD Records.
- Inspected by the Food Standards Agency (café)